



Oxford HIP Score

Patient's name:

Side L / R Appt date Date of Birth Age

Timeframe (for office use) pre op 3/52 6/52 3/12 6/12 12/12

Patient to complete. Please select one box for every question

1. During the past 4 weeks

How would you describe the pain in your hip?

- None
- Very Mild
- Mild
- Moderate
- Severe

5. During the past 4 weeks

How long can you walk (with or without stick) before the pain in your hip becomes severe?

- No pain/more than 30 mins
- 16-30 mins
- 5-15 mins
- Around the house only
- Not at all/pain severe

9. During the past 4 weeks

Have you had any trouble getting in and out of a car or using public transport because of your hip?

- No trouble at all
- Very little trouble
- Moderate trouble
- Extreme trouble
- Impossible to do

2. During the past 4 weeks

Have you been troubled by pain from your hip in bed at night?

- No nights
- Only 1 or 2 nights
- Some nights
- Most nights
- Every night

6. During the past 4 weeks

Have you been able to climb a flight of stairs?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

10. During the past 4 weeks

Have you had any trouble with washing and drying yourself (all over) because of your hip?

- No trouble at all
- Very little trouble
- Moderate trouble
- Extreme trouble
- Impossible to do

3. During the past 4 weeks

Have you had any sudden, severe pain (shooting/stabbing or spasms) from the hip?

- No days
- Only 1 or 2 days
- Some days
- Most days
- Every day

7. During the past 4 weeks

Have you been able to put on a pair of socks, stockings or tights?

- No trouble at all
- Very little trouble
- Moderate trouble
- Extreme trouble
- Impossible to do

11. During the past 4 weeks

Could you do the household shopping on your own?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

4. During the past 4 weeks

Have you been limping when walking because of your hip?

- Rarely/never
- Sometimes, or just at first
- Often, not just at first
- Most of the time
- All of the time

8. During the past 4 weeks

After a meal (sat at a table), how painful is the hip to stand up?

- Not at all painful
- Slightly painful
- Moderately painful
- Very painful
- Unbearable

12. During the past 4 weeks

How much has pain from your hip interfered with your usual work (including housework)?

- Not at all
- A little bit
- Moderately
- Greatly
- Totally

